

FAQ - Bf Ed

Will I be a Lactation Consultant after completing this course?

No, completing this course alone will not make you a Lactation Consultant. While the course provides a valuable foundation and is CPD accredited, it is just the beginning of a lengthy journey to becoming a Lactation Consultant.

To become a certified Lactation Consultant, you'll need to:

- Gain extensive education: This includes hundreds of additional educational hours in lactation-specific topics.
- Accumulate clinical experience: You'll need hands-on experience working with breastfeeding families.

Once you've met these requirements, you can take the International Board Certified Lactation Consultant (IBCLC) exam. <https://iblce.org/certification/>

What if I miss a session?

- Attendance is important: Missing sessions could impact your understanding of the sequential course material.
- No certificates for missed sessions: Due to attendance policies and HPCSA regulations, certificates will not be issued to participants who miss sessions or part thereof. (This includes late-comers.)
- Track missed sessions: Keep your own record of any missed sessions or parts thereof.
- Repeat missed sessions: If you'd like to repeat any missed sessions, let us know, and we will provide the Zoom link during the next course.

What if I don't have internet connection on the day?

- Prepare for load shedding: Have a backup plan in case of power outages.

- Workplace options: Consider alternative locations at your workplace, such as training rooms or boardrooms.
- Friends' houses: Explore the possibility of using a friend's home in a different suburb.

Why no phones or tablets?

- Interactive course: The course requires active participation through various methods (verbal, visual, chat, tasks). We need to be able to see and hear each other.
- Phone limitations: Using a phone will hinder your ability to fully engage in the interactive elements.

Are the sessions recorded? NO.

Session times?

- We start promptly at 8am and finish at 10:45.
- Please log in by 7:45 as it takes time to move from the waiting room to the meeting room and you may have adjustments to make, such as renaming etc.

I am fairly new to Zoom

To participate in a Zoom session, you can:

1. Click the Zoom link provided by the meeting host – it will automatically open in a desktop browser. (Supported browsers include Chrome, Safari, and Chromium Edge.)
2. Enter the meeting ID if prompted
3. Click to join the audio conference – bottom left
4. Click the Start Video button to start your video – bottom left

The participant controls appear at the bottom of your screen.

Join Audio or Unmute / Mute: This allows you to connect to the session's audio, then once connected, mute or unmute your microphone. Unmute when you wish to speak, otherwise keep mute on.

If you're having trouble connecting your audio, you can try these steps:

1. Click the arrow next to the microphone icon in the bottom-left corner
2. Select Audio Options
3. Select Test Computer Audio

You can change your audio/video input device by clicking the arrow next to the microphone or camera icon.

- **Please rename yourself** if necessary. A lot of time is wasted trying to figure out who is there. With your video on, hover over your picture with your mouse, click the three little dots in the top right corner – click the *rename* option. Enter your new name in the pop-up box – click change or rename.

<https://www.youtube.com/watch?v=2N5H55LDg-o>

We hope this information is helpful. If you have any further questions, please don't hesitate to contact us.